



Swalecliffe Community Primary School



School Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 04/11, 25/11, 16/12	Bolognese Pasta Bake 🌿 Red Pesto & Bean Pasta 🌿🥤 Medley of Vegetables Banana Muffin 🌿🥤	Sausages 🌿 Quorn Sausages 🌿 Potato Wedges Baked Beans or Sweetcorn Marble Sponge Cake 🌿🥤	Roast Pork Quorn Roast 🥤🥤 Roast Potatoes Seasonal Vegetables Fruit Jelly	Mexican Chicken & Rice Veggie Fajita Wraps 🌿🥤 (KS2) – Chicken Nuggets 🌿 Potato Wedges & Vegetables Lemon Drizzle 🌿🥤	Crispy Battered Fish 🌿🐟 Cheese Whirls 🌿 Chips Baked Beans or Peas Cranberry Cookie 🌿
Week 2 11/11, 02/12	Sausage Plait 🌿🥤 Southern Style Quorn Burger in a Bun 🌿🥤 Potato Wedges Mixed Vegetables Chocolate Brownie 🌿🥤	Pasta Carbonara 🌿🥤 Five bean Chilli & Rice Medley of Vegetables Chocolate Orange Sponge with Chocolate Custard 🌿🥤🥤	Roast Chicken with Stuffing 🌿 Quorn Sausage Puff 🌿 Roast Potatoes Seasonal Vegetables Lemon & Poppyseed Muffin 🌿🥤🥤	Chilli-Con-Carne & Rice Meatless Ball Pasta in Tomato Sauce 🌿 (KS2) – Sausage Carvery 🌿 Potato Wedges & Vegetables Banana & Strawberry Cake 🌿🥤🥤	Cod or Salmon Fish Fingers 🌿🐟 Cheesy Spanish Omelette 🌿🥤 Chips Baked Beans Veggie Sticks Shortbread 🌿
Week 3 18/11, 09/12	Tuna Tomato Pasta 🌿 Macaroni Cheese 🌿🥤 Mixed Vegetables Apple Crumble & Custard 🌿🥤	Tex Mex Chicken Nachos 🥤 Tex Mex Veggie Bean Nachos 🥤 Carrot & Cucumber Sticks Apricot Cookie 🌿	Roast Gammon Veggie Toad in the Hole 🌿🥤🥤 Roast Potatoes Seasonal Vegetables Ice Cream & Fruit 🥤	Sausage Ragù 🌿 Veggie Curry & Rice (KS2) – Chicken Carvery 🌿 Potato Wedges & Vegetables Carrot Cake 🌿🥤🥤	Fish Burger 🌿🐟 Quorn Dippers 🌿 Chips Baked Beans or Sweetcorn Flapjack 🌿

Yoghurts for Dessert

Salad and Fresh Fruit Available



Choice of Filled Jacket Potatoes Every Day

ALLERGENS

Gluten 🌿
Eggs 🥤

Dairy 🥤
Fish 🐟



Lunch Menu Allergen Information

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 04/11, 25/11, 16/12	<u>Gluten Free</u> Bolognese with Gluten Free Pasta Medley of Vegetables	<u>Gluten Free</u> Gluten Free Sausages Potato Wedges Beans or Sweetcorn	<u>Gluten Free</u> Roast Pork Roast Potatoes Seasonal Vegetables	<u>Gluten Free</u> Mexican Chicken & Rice Wedges & Vegetables	<u>Gluten Free</u> Gluten Free Fish Fingers Chips Baked Beans Peas
Week 2 11/11, 02/12	<u>Gluten Free</u> Gluten Free Sausages Potato Wedges Mixed Vegetables	<u>Gluten Free</u> Five Bean Chilli & Rice Medley of Vegetables	<u>Gluten Free</u> Roast Chicken (no stuffing) Roast Potatoes Seasonal Vegetables	<u>Gluten & Dairy Free</u> Chilli-con-Carne & Rice Wedges & Vegetables	<u>Gluten Free</u> Veggie Omelette OR Gluten Free Fish Fingers Chips Baked Beans Veggie Sticks
Week 3 18/11, 09/12	<u>Gluten Free</u> Tuna Tomato Pasta With GF Pasta Mixed Vegetables	<u>Gluten Free</u> Tex Mex Chicken or Veggie Bean Nachos <u>Dairy Free</u> Nachos with no cheese Carrot & Cucumber Sticks	<u>Gluten & Dairy Free</u> Roast Gammon Roast Potatoes Seasonal Vegetables	<u>Gluten Free</u> Veggie Curry & Rice OR Carvery Chicken (KS2) Wedges & Vegetables	<u>Gluten Free</u> Gluten Free Fish Fingers Chips Baked Beans Sweetcorn

Dairy Free Frozen
Smoothies For Dessert



Salad and Fresh Fruit
Available

Choice of Filled
Jacket Potatoes
Every Day