



Swalecliffe Community Primary School



School Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 02/09, 23/09, 14/10	Chicken Chow Mein 🌿🥤 Southern Style Quorn Burger in a bun 🌿🥤 Potato Wedges Medley of Vegetables Oaty Fruit Crunch 🌿	Chicken Curry with Rice Red Pesto & Bean Pasta 🌿🥤 Mixed Vegetables Apricot Cookie 🌿	Roast Gammon Quorn Sausage Puff 🌿 Roast Potatoes Seasonal Vegetables Blueberry Muffin 🌿🥤🥤	Chicken Meatball Pasta & Tomato Sauce 🌿 Vegetable Bolognese 🌿 Carvery (KS2) – Sausage/Chicken Potato Wedges & Vegetables 🌿 Chocolate Mousse 🥤	Crispy Battered Fish 🌿🐟 Falafel & Spinach Burger in a bun 🌿 Chips Baked Beans Sweetcorn Fruit Sorbet 🥤
Week 2 09/09, 30/09, 21/10	Bolognese Pasta Bake 🌿 Macaroni Cheese 🌿🥤 Peas Sweetcorn Chocolate Brownie 🌿🥤	Sausages 🌿 Quorn Sausages 🌿 Mash Potato Medley of Vegetables Pear & Cocoa Sponge 🌿🥤🥤 with Chocolate Custard	Roast Chicken with Stuffing 🌿 Creamy Vegetable Casserole 🥤 Roast Potatoes Seasonal Vegetables Marble Sponge Cake 🌿🥤🥤	Sausage Plait 🌿🥤 Lentil & Sweet Potato Curry With Rice Carvery (KS2) – Sausage/Beef 🌿 Potato Wedges & Vegetables Shortbread 🌿	Cod or Salmon Fish Fingers 🌿🐟 Veggie Omelette 🌿🥤 Chips Baked Beans Veggie Sticks Ice Cream & Fruit 🥤
Week 3 16/09, 07/10	Pepperoni Pizza 🌿🥤 Margherita Pizza 🌿🥤 Pasta Carrot & Cucumber Sticks Strawberry Mousse 🥤	Pasta Carbonara 🌿🥤 Veggie Curry with Rice Mixed Vegetables Lemon Drizzle 🌿🥤	Roast Beef with Yorkshire 🌿🥤🥤 Veggie Toad in the Hole 🌿🥤🥤 Roast Potatoes Seasonal Vegetables Fruit Jelly	Sweet & Sour Chicken 🌿🥤 Noodles Five Bean Chilli with Rice Carvery (KS2) – Sausage/Turkey 🌿 Potato Wedges & Vegetables Flapjack 🌿	Fish Burger 🌿🐟 Quorn Dippers 🌿 Chips Baked Beans Peas Banana Muffin 🌿🥤🥤

Yoghurts for Dessert

Salad and Fresh Fruit Available



Choice of Filled Jacket Potatoes Every Day

ALLERGENS

Gluten 🌿
Eggs 🥤

Dairy 🥤
Fish 🐟





Lunch Menu Allergen Information

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 02/09, 23/09, 14/10	<p><u>Gluten Free</u></p> <p>Gluten Free Burger</p> <p>Potato Wedges Medley of Vegetables</p>	<p><u>Gluten & Dairy Free</u></p> <p>Chicken Curry with Rice</p> <p>Mixed Vegetables</p>	<p><u>Gluten Free</u></p> <p>Roast Gammon</p> <p>Roast Potatoes Seasonal Vegetables</p>	<p><u>Gluten Free</u></p> <p>Chicken Meatballs with GF Pasta OR Veggie Bolognese with GF Pasta OR Carvery Chicken (KS2) Wedges & Vegetables</p>	<p><u>Gluten Free</u></p> <p>Gluten Free Fish Fingers</p> <p>Chips Baked Beans Sweetcorn</p>
Week 2 09/09, 30/09, 21/10	<p><u>Gluten & Dairy Free</u></p> <p>Bolognese with Gluten Free Pasta</p> <p>Sweetcorn & Peas</p>	<p><u>Gluten Free</u></p> <p>Gluten Free Sausages</p> <p>Mash Potato Medley of Vegetables</p>	<p><u>Gluten Free</u></p> <p>Roast Chicken (no stuffing) OR Creamy Vegetable Casserole</p> <p>Roast Potatoes Seasonal Vegetables</p>	<p><u>Gluten & Dairy Free</u></p> <p>Lentil & Sweet Potato Curry With Rice OR Carvery Beef (KS2) Wedges & Vegetables</p>	<p><u>Gluten Free</u></p> <p>Veggie Omelette OR Gluten Free Fish Fingers</p> <p>Chips Baked Beans Veggie Sticks</p>
Week 3 16/09, 07/10	<p><u>Gluten Free</u></p> <p>Pepperoni/Margherita Pizza (GF Base)</p> <p><u>Dairy Free</u></p> <p>Vegan Margherita Pizza</p> <p>Carrot & Cucumber Sticks</p>	<p><u>Gluten Free</u></p> <p>Veggie Curry with Rice</p> <p>Mixed Vegetables</p>	<p><u>Gluten & Dairy Free</u></p> <p>Roast Beef, No Yorkshire</p> <p>Roast Potatoes Seasonal Vegetables</p>	<p><u>Gluten Free</u></p> <p>Five Bean Chilli with Rice OR Carvery Turkey (KS2) Wedges & Vegetables</p>	<p><u>Gluten Free</u></p> <p>Gluten Free Fish Fingers</p> <p>Chips Baked Beans Peas</p>

Dairy Free Frozen
Smoothies For Dessert



Salad and Fresh Fruit
Available

Choice of Filled Jacket
Potatoes Every Day